

Scottish Orienteering League 4

Edinchip, 10th October 2026

Welcome

FVO welcomes you to the 5th SOL of 2026, which is twinned with the 2026 Junior Home International (JHI) individual event. The event is being held on the Edinchip Estate, near Lochearnhead, Stirlingshire on Saturday 10th October 2026. The area was used for Day 2 of the Scottish 6 Days in 2019 (the map can be found on Routegadget [here](#)) and last used for the SHI and SOL 5 in 2024 (the map can be found on Routegadget [here](#))

FVO is providing a full weekend of orienteering, as there is also an Open one person relay, twinned with the JHI relays, being held at Lochan Spling on Sunday 11th October. Details can be found [here](#).

Parking

There is no public vehicular access to the Edinchip Estate. Please do not attempt to drive onto the estate without prior arrangement.

Parking is in Lochearnhead, in a field beside the A84/A85 junction (postcode FK19 8PR, grid reference NN589237, What3Words [///riverboat.bronzed.leader](#)).

Access to the car park is through a gate on the A85, just east of its junction with the A84. The gate is wide enough for wider vehicles like motorhomes to pass through, however if it is very wet, motorhomes or other heavy vehicles may prefer to park in the public car park in Lochearnhead (grid reference NN592238, What3Words [///pile.melon.senders](#)). In any event, minibuses should use the public car park if possible.

There is a £1 charge for parking, which will be collected by the marshal at the car park entrance. Please bring the correct change with you.

There are no portaloos in the car park. However, public toilets are available at the public car park, 350m away.

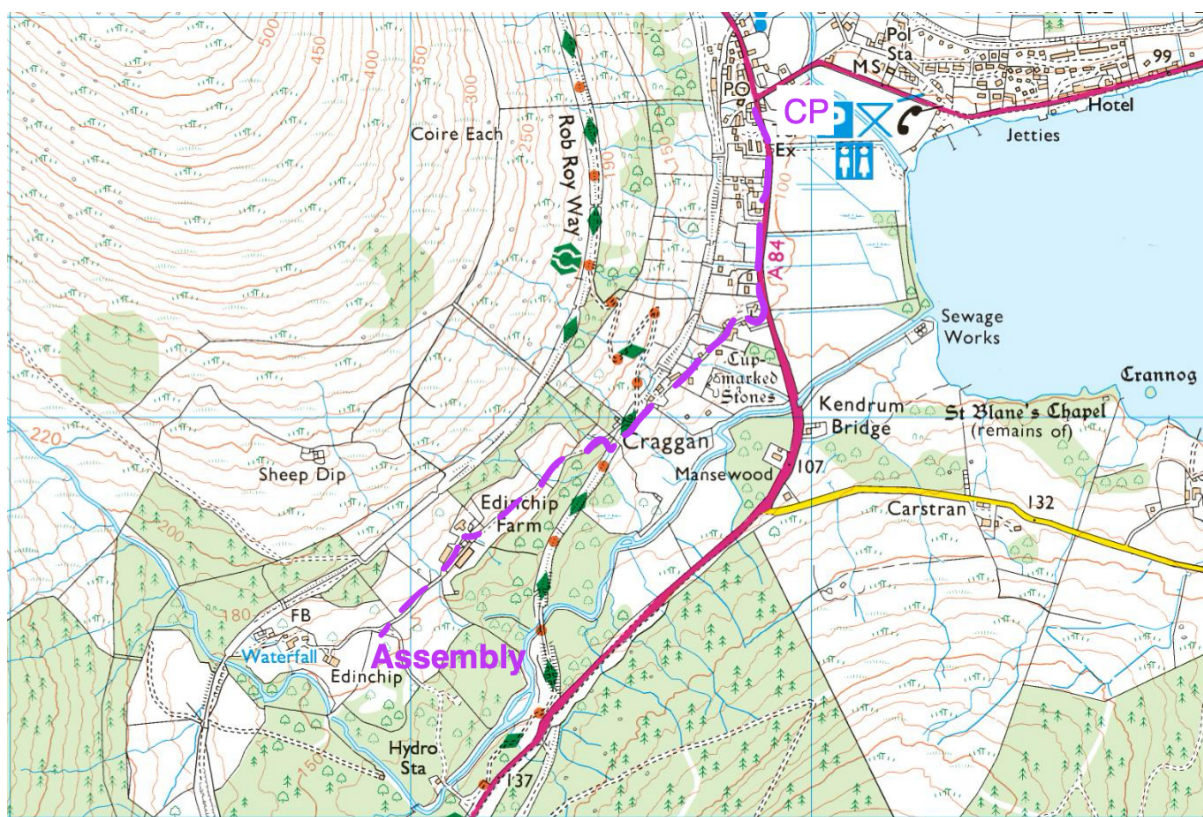
The exit from the car park to assembly is through a gate in the southwest corner of the field, which exits onto the busy A84. This must be crossed to reach the pavement and track to assembly. Please take great care in crossing the main road and only do so at the designated crossing point.

Public transport

[Ember](#) buses stop in Lochearnhead, close to the parking field, on the Edinburgh-Oban and Edinburgh-Fort William routes.

Assembly

Assembly is in a field on the Edinchip estate, a 2km walk from the car park, with 30m climb. The route is mainly good path and track, apart from one small section of around 100m of rough path, around “Craggan” on the map below. Please follow the taped route through woodland here, rather than the more obvious track.



Please leave sufficient time to get to Assembly from the car park. If you cannot manage the walk from the car park to Assembly (and back), please contact the organiser (rob.truswell@ed.ac.uk). Although we cannot offer parking at Assembly, it may be possible to arrange for you to get dropped off.

The assembly area contains:

- Club tents area;
- Enquiries;
- The main finish (the junior finish is a couple of hundred metres away);
- Download;

- First aid post;
- ScotJOS cake stall;
- String course (in a neighbouring field);
- Portaloo (100m from Assembly).

Start

There is one start, which is adjacent to the assembly field. Start times are 12:15-14:15. Start times will be assigned in the week before the event.

Warm up is possible within the assembly field.

Clear, Check and SIAC battery test units will be available at pre-start and call up for starts will be at -4 minutes. Please ensure you arrive at the start in time for call up.

The start procedure is slightly atypical:

-4 mins: callup

-3 mins: control descriptions

-2 mins: blank maps

-1 min: **pick up your rolled up and sealed map**, check that you have the correct map (the course name will be visible), and then hold the map by your side.

0 mins: punch the punching start box, **unseal and open your map** and then off you go!

The start will be a punching start (please don't forget to punch!).

Late starters will be allowed to start at the next available opportunity for their course, at the discretion of the start official. This may be some time, so please aim to get to the start for your allotted time.

Course Information

The course information is as per the table on the following page. This is subject to final checks and controlling.

Course Notes

White and Yellow competitors must collect their map in advance of the start from Enquiries.

Yellow Course: Unusually, the Yellow Course will visit the same control twice where controls 5 and 8 are the same control. Please make sure Yellow Course competitors are warned about this unusual arrangement.

Long Light Green: Exceptionally, we are offering a colour-coded Long Light Green course at this event. This is the same course run by the M14 and W14 classes at the Junior Home International. It offers participants the opportunity to try a longer course at Technical Difficulty 4 (more challenging than Long Orange; less challenging than Green; similar length to both). It is **not** a standard SOL course and is **not** eligible for SOL points.

Course	Age class (M)	Age class (W)	Distance (km)	Climb (m)	No. controls	TD	Map scale	
Black	M-E, M21		9.1	320	30	TD5	1:10000	Map flip
Brown	M20, M35, M40	W-E, W21	7.8	295	26	TD5	1:10000	Map flip
Short Brown	M18, M21S, M45, M50	W20, W35	6.5	200	20	TD5	1:10000	Map flip
Blue	M16, M20S, M35S, M40S, M55, M60	W18, W21S, W40, W45	5.2	180	14	TD5	1:7500	
Short Blue	M18S, M45S, M50S, M55S, M65, M70	W16, W20S, W35S, W50, W55	4.2	130	13	TD5	1:7500	
Green	M16S, M60S, M75	W16S, W18S, W40S, W45S, W60, W65	3.7	115	12	TD5	1:7500	
Short Green	M65S, M80	W50S, W55S, W70	3.1	95	11	TD5	1:7500	
Very Short Green	M70S, M75S, M85, M90	W60S, W65S, W70S, W75, W80, W85, W90	2.4	85	11	TD5	1:7500	
Long Light Green	—	—	4.2	120	14	TD4	1:7500	Map flip
Light Green	M14, M16B	W14, W16B	3.2	135	11	TD4	1:7500	
Long Orange	M21N		3.9	125	13	TD3	1:7500	
Orange	M12, M14B	W12, W14B, W21N	2.5	70	12	TD3	1:7500	
Yellow	M10, M12B	W10, W12B	2.0	70	10	TD2	1:7500	
White	M10B	W10B	1.4	40	7	TD1	1:7500	

SI Air Punching

Controls will be enabled for SI Air (SIAC) punching. If a control does not beep when punched, a pin punch is available at each control to confirm it has been visited.

Please note that the Start and Finish units must be dibbed.

Terrain

Overview: The stunning Edinchip Estate, with its wealth of intricate contours and varied terrain, is a joy for orienteers, especially those who enjoy tough, technically challenging terrain.

The retreat of the ice, following the ice age, has left behind a wealth of perched blocks and large boulders, some easy to spot and others not so easy! (Being partially or fully covered in moss.)

The terrain includes area of:

- Some fast deciduous woodland with the occasional patch of conifer.
- An area of rhododendrons within the woods with ferns and marshes.
- Rough open pastureland to the south west with scattered trees, patches of myrtle bushes and tussocks. This area is unfortunately heavily covered in bracken on the hills. Thankfully the rough marshes, which are plentiful, are bracken-free. The deer have created many unmapped minor paths.
- Open moorland to the northwest providing yet more variety for the longer courses.

National Cycle Network Route 7: All courses apart from the White and Yellow will encounter this cycle track. You are allowed on the cycle track, however it can be busy so take care. “Caution runners” warning signs will be out.

Fences: The fence beside cycle track is not to be crossed except at the crossing points. The crossing points are marked with the standard purple) (symbol, and the fence itself is marked with the standard thick purple do-not-cross line – see map snippet below.



Temporary stiles (e.g. bales) will be in place where needed at marked crossing points. Other fences may be crossed where they are encountered. Please report any damage at download.

Gates: The estate owners and manager have kindly agreed to open the gates used by most of you. Where you find a gate open, please leave it open. Gates you find closed have purposely been wired shut. You have permission to climb these (unless marked with purple overprint) but please do so at the hinges. Please do not attempt

to undo and open these gates or you may be the cause of livestock escaping from their grazing land.

Hazards:

- There is a river gorge in the centre of the area. The gorge is only to be crossed at the bridges. It is marked as OOB and it's never on a sensible route!
- There is an area of waste farming material consisting largely of old fencing wire. This will be taped off using yellow and black tape.
- Other bits of old fence and wire on the area will also be taped where we discover them. Please take care to avoid these hazards when running.

Fields: Many fields on the estate will still be in use for sheep. These fields will all be marked as Out of Bounds on the map. Competitors are not permitted to enter any of these fields.

Edinchip estate road: All competitors will cross this once or twice. It is a very quiet road used only by the estate owners and estate manager plus occasional delivery vans. "Caution runners" warning signs will be out, but please take care to look both ways before you cross.

Map

1:10,000 or 1:7500 (see course info above); 5m contours. Drawn by Deeside Orienteering & Leisure Maps, Summer 2018. Updates by Martin Bagness 2024 and by Yotam Bertrand 2026. Symbols ISOM 2017-2.

Power lines aren't mapped.

Only boulders over 1m high have been mapped.

Bracken has been mapped using the wider spaced vertical green line screening; due to rapid spread this season, the edges of this are not accurate in all areas. The more closely spaced vertical green line screening has been used for dense undergrowth.

Control descriptions will be printed on the front of the map and loose descriptions will be available at the start. IOF pictorial control descriptions will be used, apart from the White and Yellow courses, which will be in text format. Some courses have a lot of controls. Please check the course info table to ensure your description sheet holder is long enough!

Finishes

There are two finishes.

The main finish is within the assembly field. There will be a taped route from the finish to the download tent.

Finish 2 is for the following courses: White, Yellow, Orange, Long Orange and Light Green. It is located about a hundred metres due north of the Assembly field. There will be signs from Finish 2 to Download.

All competitors please remember to head straight to Download and download before you leave the assembly area.

Courses close at 16:00 – please make sure you have reported to the finish and downloaded by then, even if you have not completed your course.

Dogs

Edinchip is a working sheep farm, with animals both in fields and potentially at the farm buildings en route to Assembly. As such, **strictly no dogs** are permitted on the estate. Dogs are permitted in the car park.

String Course

A string course is provided in a field opposite assembly, which will be signposted from the entrance to assembly. The string course is free – just turn up to register. Small children must be accompanied. A string map and dibbers for the string course are provided at the string start.

Safety and Risk

A comprehensive risk assessment has been carried out by the Organiser, but participants take part at their own risk and are responsible for their own safety during the event.

Depending on conditions on the day of the event, whistles and/or cagoules may be compulsory. In case of dangerous weather, the event may have to be called off.

The longest courses cross a burn in the glen to the northwest of the area. If the burn is in spate and cannot be safely crossed, it may be necessary to shorten these courses or transfer competitors to a shorter course. Any such decisions will be clearly communicated at the event.

Edinchip is a working sheep farm and even though on the competition day the sheep will be managed into areas not crossed by the courses, many areas, including those used for assembly, string and starts are actively used by sheep. Appropriate hygiene precautions should be adopted.

Participants should note that ticks are present on the estate, and everyone should be aware of the risk of tick bites. Please check for ticks after your run.

A first aid post, manned by volunteers from Killin Mountain Rescue, will be present in the assembly field adjacent to Registration.

The nearest hospital with A&E capability is either Perth or Larbert, both of which are a 1-hour drive from the competition area. The minor injuries unit in Stirling Community Hospital is slightly closer.

Event Officials

Officials for the JHI Individual and SOL 5 are:

Organiser – Rob Truswell (FVO)

Planners – Vicky Thornton and Heather Fellbaum (FVO)

Controller – Dave Robertson (CLYDE)

Our thanks go to Brett and Jane Simpson, owners of Edinchip Estate, for the use of the estate, and to Alex Bowers, the estate manager for Edinchip estate, for all of his help and support in enabling the event to take place.

We hope everyone enjoys their orienteering on this wonderful area.