Dear participant,

We are looking forward to welcoming you to our challenge event, the UWFRA Wharfedale 3 peaks challenge this Saturday 27th June in Kettlewell. We thank you very much for supporting the team.

This summary email contains important information & instructions about the event.

Following this week's heatwave, although it is currently forecast to be cooler on Saturday, temperatures will still remain warm. Please stay hydrated using our water stations, wear suitable clothing & sunscreen, and make use of shaded areas. We also encourage you to take regular breaks and pace yourself throughout the day

Event Safety & Kit Requirements:

The below kit is mandatory for the W2P and W3P event per participant and is for your safety. For the valley walk this is not mandatory but recommended. Spot checks will be in place.

- Sun Hat
- Cup or soft flask
- Map of the route, compass & whistle

The below kit is not mandatory but strongly advised

- Emergency food (eg energy bar)
- Light waterproof jacket
- Emergency blanket/bivvi bag
- 500ml water (minimum!)
- Fully charged mobile phone
- Torch

There will be many volunteers on the event field, sweepers on route and also at the designated checkpoints.

This year for safety, we are implementing a dibber system for the W2P & W3P entrants. The dibber will be given to you at registration with a lanyard. This MUST be worn for the entirety of the event and MUST be returned at the finish line. You will need to place the dibber into a control box (these will be manned) at each of the following locations.

There are 6 checkpoints:

CP 1- Firth Fell Trig– SD 925 748 W3P check only

CP 2 – Buckden Car Park SD 941 772 W3P check only

CP 3 – Buckden Pike Trig – SD 960 787

CP 4 – Finger Post Cam Head – SD 970 752

CP 5- Cam Gill Road (Park Rash)- SD 986 756

CP 6 – Great Whernside Trig – SE 001 738

CP 7 – Starbotton SD 954 747 W2P and VW check

Full instructions on using the dibber will be given at the race briefing.

During the event should you need to call a team member in an emergency please use the number 07967823301. If you wish to withdraw from the event voluntarily after the race start then as a minimum YOU MUST report back to the registration tent in the event field.

Water Points

3 Peaks- water is available at Buckden car park and Park Rash road crossings
2 Peaks- water is available at the Park Rash road crossing

We recommend you take enough fluids to suffice you between checkpoints, especially as the weather is warm (we recommend at least 500ml)

Event & Parking Location

Kettlewell, Near Skipton, North Yorkshire

Postcode BD23 5QX

Grid ref SD 967722

What 3 words walked.coherent.monday

Free parking

Toilets

There are no toilets on the event field
Public toilets are next to the Yorkshire Dales National Park car park- an approximate 2 minute walk from event start.

Registration and Start Times

W3P- registration from 07:00 race start 08:30

W2P- registration from 07:00 race start 08:30

Valley Walk- registration from 09:00 walk start 10:15

Routes

Route descriptions and GPX files below:-

2025 W3P Valley Walk route description.pdf

2025 W3P Two Peaks route description.pdf

2025 W3P Three Peaks route description.pdf

Three Peaks GPX

Two Peaks GPX

Valley Walk GPX

Catering

The event has been sponsored by Seabrook and we'll have crisps for participants at the event finish and at Park Rash. In addition, all entrants are offered a pie/pasty plus tea/coffee/juice after they finish. Non-alcoholic beer & homemade cakes will also be available to purchase at the event field.

Prizes and Results

As this is a challenge event and not a race then there will be no specific prizes for top finishers. However, we have a large selection of spot prizes which have been kindly donated by our sponsors.

Electronic results will be sent by email no later than Sunday 29th June. They will also be available on the event website as soon as possible.

If you do have any questions before the event, please do not hesitate to email us on w3p@uwfra.org.uk

Finally, all that is left to say is a big THANK YOU. Firstly to our sponsors Seabrook Crisps, SportsShoes.com, Midgely Motor Cars, Wharfe Camp, Ilkley Brewery and Alpkit, but more importantly to YOU, our valued participant. We hope you have an AMAZING day out.

From all of the UWFRA team!