Whoop whoop Clans @ the Croft weekend is very nearly here. I hope you are as excited as we are. This weekend is all about the MTB community, racing together, sharing the stoke and most of all having fun on bikes. The forecast is looking dry, and the event team has been working really hard to make sure you have an excellent race weekend.

Please read this email carefully, it contains everything you need to know about the event, where you need to be at what time, with what & who. It will also give details about food on site, the after party and anything else you might need to know!

1. TRAVEL & ACCOMMODATION

The Croft is situated just off the A85 between Crieff and Comrie, roughly an hour's drive North from Glasgow or Edinburgh. PH7 4JZ for sat nav, google dropped pin: https://maps.app.goo.gl/T1EVTX8yYj7KVcsi8

If you are planning on staying overnight and haven't got it sorted yet. Camping, Campervans, Nordic Katas and Eco-Lodge accommodation is available. Click on the specific links below to book for race weekend.

- Click <u>HERE</u> to book a Camping pitch (£15 adults, £7.50 children)
- Click <u>HERE</u> to book a Campervan pitch it says camping but don't worry this field has been designated for campervans for this weekend. (£15 adults, £7.50 children).
- Click <u>HERE</u> to book a Nordic Kata (£125 for 1 night, sleeps up to 6 on a platform bed).
- Click <u>HERE</u> to book a room in the Eco-Lodge (£52pppn).

2. ONSITE

The following facilities are onsite:

- **Gorse Café:** open from 08:30 17:00, with breakfast served 08:30 11:30 and lunch from 11:30 -14:30. Coffees, soft drinks and cakes available all day!
- **The Farmshop:** open from 09:00 17:00 selling fresh pastries; takeaway hot drinks; sweet & savoury snacks; organic fruit & veg; and gifts.
- **Comrie Croft Bikes:** open from 09:00 17:00 selling everything a small bike shop should. There will be mechanics onsite for any last minute repairs that are quick to do please don't come expecting a full service that just won't be possible.
- **Showers:** for those not staying on site, showers and a towel are available, £5 from reception.
- **Toilets:** In the main building and around the back of the main building. There is also a toilet block up the hill near the Mill Pond (stage 2 finish).
- **Water:** Fresh running water can be found in front of the Gorse Café, and behind Comrie Croft Bikes along from the bike wash.
- Nowhere Sauna: Nowhere Sauna is open over race weekend. You can book either a communal or private session. Booking via their website: https://nowheresauna.com/
- No Feed stations: There will be no feed stations on the course. Stage 3 finishes near
 the event village so if you would like to refuel mid-race, this is your best opportunity
 to do that.

3. EDIT ENTRY

If you need to edit your entry, click this link (until 9am Friday 24th): Edit My Entry

4. FANCY DRESS

Positively encouraged. There is a prize for the best dressed CLAN - the Marshals team will vote on this.

5. RACE DAY PARKING

Our parking team will be ready from 07:00 on Saturday morning to welcome you on site. We have a plan, please follow their instructions to help the plan work and fit you all in. The Crofters are a cheery bunch, say hi, be nice and a wee bit of banter never went amiss.

6. REGISTRATION

Opens 08:00 in the Pole Barn (see map). It will be well signposted. To reduce queueing, please arrive **ONE HOUR** before your wave start time. You will be given:

- Number board must be attached to handlebars and clearly visible.
- Timing chip worn on right wrist.

7. STARTING WAVES

- The start is near Comrie Croft Bikes and will be clearly signed.
- You will start in waves of 15 riders every five minutes.
- eBike riders (Solos and Clans) from 09:30
- Manual bike riders (Solos and Clans) from 09:50.

You should have pre-booked a wave start time on SiEntries. If you haven't, why the hell not!? Book it now! - Edit My Entry

Remember to say if you're racing as a Clan in order to be allocated the same start time as your team mates.

DO NOT head out onto the course before your allocated start wave. This will cause confusion at the start line and lead to excessive queueing on the stages.

8. KIT

| You MUST have the following: | Recommended |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Correctly fitted helmet, chin strap done up (open or full-face) Bar end plugs Mountain bike in good working order. Ebikes MUST be limited to 15.5mph Closed-toe footwear Thermal layer Waterproof Fluids & snacks to see you through all stages. Spares and tools (tube, tyre levers, noodles, quick-link, multi-tool, pump etc) | Full-face helmet Gloves Riding glasses/goggles Back protector Knee pads and/or elbow pads Personal First Aid Kit and know how to use it. |

9. RACE FORMAT

- Clans @ The Croft is a multi-stage Enduro, riders will complete between 3 and 6 'timed stages', the stages are linked by transition sections which are not timed.
- Riders can either complete the FULL or LITE course and compete either as SOLO or as a CLAN (team of three).

• FULL course:

- 15kms in length with 650m climbing (plus the 'Power Stage' if you're an ebiker).
- Manual bikes must complete the stages in numerical order: S1 S2 S3 S4 -S5.
- Ebikers must complete the stages in the following order: S1 S2 Power Stage -S3 - S4 - S5.
- o Riders may only complete the FULL course stages once.

LITE course:

- o 8km in length with 300m climbing (plus the 'Power Stage' if you're an ebiker).
- o Manual bikes MUST complete the stages in numerical order: S1 S4 S5.
- Ebikers MUST complete the stages in the following order: S1 Power Stage S4
 S5.
- o Riders may complete the LITE course stages twice fastest time counts.
- SOLO riders will leave the start line of each timed stage at 20 second intervals. The Marshal at the start of the stage will count you down until it's time to go.
- All members of a CLAN must start each stage within the same one-minute window.
 You decide how much of a gap to leave between CLAN members, provided you all start within the same one-minute window.
- All members of your CLAN must complete *every* stage. If one member of the CLAN is forced to retire, the CLAN (and the retiring rider) will get a DNF in the CLAN competition. However, the remaining CLAN members can either continue as SOLO riders or retire in solidarity.
- Cut-off time for the Power stage is 12:00
- The cut-off for all stages is 15:45, riders will NOT be allowed to race after this time.

10. RACE ETIQUETTE

- If you would like to overtake a rider on a timed stage, politely shout "Rider!" as early as possible, wait for them to pull over at a spot that is safe for you to overtake.
- If a faster rider is looking to overtake you, pull over as soon as you can safely do so and let the rider pass.
- Dangerous or aggressive riding will not be tolerated (it's not cool) if deemed as such by the Course Marshals, it will result in instant disqualification of the rider.
- **Leave no Trace:** No excuse. If you drop something, pick it up.

11. SAFETY

Marshals: Will be wearing hi-vis jackets. They are working hard to make sure you have a great day, greet them with a smile, banter is always appreciated. Please obey their instructions.

First Aid: Please help any rider in need. Everyone onsite has a duty of care to look out for others. If you see an incident, make sure the rider is okay, even if that means slowing down

or stopping in a safe place to do so. If someone is injured and needs assistance, do whatever is required to alert an event official e.g. flag down an approaching rider, shout for help.

Event Medics: The course is well covered by a team of medics. All Course Marshals are in communication with them.

12. ONCE YOU HAVE FINISHED ALL STAGES

Please make sure the first thing you do when you return to the Event Village is return your timing chip to registration. Results cannot be compiled until every chip has been handed in. If you do not we will assume you are still out on the course - none of the team want to go hunting for lost riders, who are actually enjoying a post race beer.

13. WITHDRAWALS

- If you are unable to continue for any reason, please inform a Marshal and report to registration.
- On returning to the event village, hand in your timing chip and report to a member of the race organising team that you have retired..
- If you do not notify us that you have retired, we will assume that you are still out on the course and this will cause a lot of issues (as described just above)!

14. RESULTS

- SOLO results are based on your individual combined stage times.
- CLAN riders receive two sets of results:
 - A CLAN result based on the combined stage times of the whole team.
 - A SOLO result based on your individual combined stage times.

15. PODIUMS

We're aiming to hold the podium ceremony as close to 16:30 as possible.

Category Changes: The LITE course was added this year, which significantly increased the number of podiums. The race categories have been altered from what was originally advertised to reduce the number of podiums to a manageable number.

16. RANDOM RAFFLE

- Will take place after the podium ceremony, hopefully around 17:15.
- Every rider and Marshal will receive one raffle ticket.
- Additional raffle tickets will be on sale at registration.
- Winners MUST be present at the time to collect their prize, if not we will draw another name out of the hat.
- We have a star raffle prize of a Haibkie ALLMTN 3 eBIke, plus lots of other shiny kit (and socks) so regardless whether you raced, marshalled or supported you could go home with some seriously excellent swag!

17. AFTER PARTY

Who doesn't love a good party? It is the end of the season and we plan to celebrate Croft style.

- Where: Barn at Comrie Croft.
- Finishes: midnight
- **Bar:** Stewart Brewing open from 18:00
- **Food:** The Rolling Stove on site from 18:00
- **Ceilidh Band:** Epic fusion of 4 talented Scottish Musicians, Willie Chisholm, Ewan MacPherson, Callum Convoy & Eryn Rae.
- **DJ:** local rider Rupert on the tunes.
- **Dress Code:** anything goes comfy shoes highly recommended.
- **Dance:** until your legs give up! We fully expect the Orcadian Strip The Willow to be competitive and to leave the barn!

All money raised from after party sales and the random raffle will go directly to Trail Therapy. As such we have created a 4 tiered ticket system, please choose the ticket option that best suits you: For those racing, entry is FREE (no need to buy a ticket), everyone else £5, £10 or £20. You can purchase tickets on the door or via $\frac{\text{HERE}}{\text{E}}$.

<u>Trail Therapy</u> is a program we run at Comrie Croft to support mental health through mountain biking. The program is completely free for participants, so your contributions help keep it running and accessible to those who need it most.

18. QUESTIONS

Surely not, but if you do email clans@comriecroft.com