



Warslow Spunch - Saturday 27 April - Final Details V1 - PLEASE READ

Summary

- Everything is at or near the Greyhound Inn, Leek Road, Warslow, Buxton, SK17 0JN. Registration from 1230 to 1400. Start window 1300 to 1400 (we may allow earlier starts for the 90/120 min courses if we are ready!)
- There is (unsupervised) roadside parking on Leek Road and Quarter Lane all within 5mins walk from the pub. **Please do not park in the pub car park or on the bend immediately adjacent to the pub. Park legally, safely, and courteously. Car share if you can. Do not panic if you have to find a place further away - we will give you a late start within reason!**
- **Take great care when arriving and parking - there will be runners and walkers around**
- Bag drop and toilets available at the pub. Come to the pub and make it your base!
- On MapRun Select Event: UK/Manchester/Spunch/Warslow! 60 or 90 or 120 - Please do this at home. Mobile data signal in Warslow is not always the best.
- **Make sure you have the MapRun app installed and your Smartphone/Garmin well charged**
- In order to make the best of the area the longer course time options are recommended (90/120) - it would be a shame if you missed out on Ecton Hill and the beauty of the Manifold Valley.
- Food, drink and MapChat all available in the pub after you have finished.
- Pub landlord Lee is also doing a 36 hour static bike challenge in the pub aid of Buxton Mountain Rescue - donations very welcome! This will be going on during the event - he will be thankful for your support!
- **No muddy shoes inside the pub please**

The Golden Rules

- **All participants take part at their own risk**
- **Think Safe - Stay Safe - especially around traffic, animals, other runners, walkers, cyclists and water hazards.**
- **If you are running / walking with juniors under 18, please keep them safe too!**
- **Wear footwear with decent grips (metal studs not necessary) - dress appropriate to weather**
- **Report to the finish - we need to know you are back safely**
- **You must finish by 4:15pm - before we call the rescue services**
- **Stay only on permitted routes & respect private property - don't trespass, don't cross walls or fences other than at stiles/gates or other allowable or marked crossing points.**
- **Don't go out of bounds (cross-hatched areas) or cross any hard red boundaries as indicated on the map**
- **Don't go within 25m of the Finish until you are actually ready to finish!**
- **Please read at least the section on Safety & Reputation**
- **If you are new to Spunch events, please read ALL the details - they will help you!**

Event Centre

Toilets, registration, start, finish, food and drink are all at the Greyhound Inn, Leek Road, Warslow, Buxton, SK17 0JN. [📍 The Greyhound Inn Warslow](#)

What3words [exam.joys.fails](#)

It is easy to find using GoogleMaps or similar, and will not be signed.

Car Parking / Transport

There is self-select (unsupervised) roadside parking on Leek Road and Quarter Lane all within 5mins walk from the pub. **Please do not park in the pub car park or on the bend immediately adjacent to the pub. Park legally, safely, and courteously. Car share if you can. Do not panic if you have to find a place further away - we will give you a late start within reason!**

Take great care when arriving and parking - there will be runners and walkers around.

Bag drop and toilets available at the pub. Come to the pub and make it your base!

Bikes: There are places to lock your bike at the venue (at your own risk).

Event Format

The event is a 60, 90 or 120 minute score event using an enlarged and enhanced extract of the OS Explorer Map. You can choose whether to go for 60, 90 or 120 minutes when you "Select Event" on the MapRun app. There are 65 checkpoints (Spunchpoints) – you visit as many as you can within your chosen time limit. Each checkpoint visited scores you 20 points. There is a 10 point penalty for each minute or part minute that you are late back. It is unlikely that anyone will be able to "get the lot" even in 2 hours - but never say never!

There are no flags or markers at the checkpoints, and nor is there a description sheet as all checkpoints are at (or very near to) a self-evident feature (e.g. junction, footbridge, etc) on the map. **You must stay on the rights of way and other permitted routes as shown on the map - you must not take "illegal" short-cuts or trespass across fields or other private land where there is no public right of way. You must not cross walls and fences other than at recognised stiles & gates etc. Nor must you use routes which are marked as prohibited. We follow these rules to ensure fair competition, to maintain good relationships with landowners and other members of the public, and to safeguard you and the reputation of the sport. If you are in any doubt about interpreting the map, please ask or look at the OS legend here:** <https://www.ordnancesurvey.co.uk/documents/25k-raster-legend.pdf>

The MapRun app will be used for start and finish timing, recording visits to checkpoints and results production. In order to feature in the results you will need to use the MapRun app on your smartphone or MapRunG on your Garmin. If you are using a Garmin, please also carry your mobile phone for safety reasons.

Your result should be automatically uploaded immediately after you have finished to appear in the on-line results (subject to phone data / wifi signal). If your result doesn't automatically appear, you can do a manual upload when you have a data signal.

We are continuing to **trial and develop** a new near-real-time flexible results service at this event (developed by Ian Watson). You should be able to see your result, and view it in a variety of different ways via this link mdocresults.co.uk There is also a ladder format based on your best 2 results from the most recent 3 Spunch events mdocresults.co.uk/Ladder These beta versions are still in development.

We are still learning about, and experimenting with MapRun capabilities and limitations. **If you don't get a beep at a Spunchpoint AND you know you are in the right place, then just continue on your run and make an appeal to the Digital Review System (DRS) official after you have finished!** If it is clear from your GPS track that you should be credited with the points for the missing beep control(s) then you will be! Please make your appeal on the day of the event at the event centre before you go home (so that the results can be finalised for everyone's benefit at the event). Late appeals will only be considered in exceptional circumstances!

You will be issued with a waterproof map. A compass may be useful (but not mandatory) and a watch to ensure you stay within the time limit.

Trail shoes with good grips are strongly recommended as there are likely to be some muddy paths to negotiate.

The Map

The event uses an enlarged and enhanced extract of the OS 1:25,000 Explorer Map which will be printed at a scale of about 1:12,500 on A4 paper. The 65 checkpoints are marked by a numbered circle; **the start is marked by a triangle; the finish is marked by a double circle.**

MapRun App

You will need the MapRun app on your smartphone:

Whilst you are at home, before you come to the event:

-Ensure you have the app loaded on your device and **your user name details entered**

-Ensure your device battery is well charged

-"Select Event" from the MapRun home screen on the app and download

UK/Manchester/Spunch/Warslow 60 or 90 or 120

-Also we recommend going to "Options and Settings" from the MapRun home screen and checking 2 settings:

1. Check that the "Hide pts accuracy worse than (m)" is set to 20, then 2. Browse down to the "Check Notification Settings" in order to ensure you are going to get an audible Spunchbeep!

If you have any queries in advance about MapRun you can message Andy on 07751 932749. If you are a new MapRun user, please make it known at Registration - there will be help available on the day to get you going!

Registration / Start & Finish Process

Registration will be in or just outside the pub and will be open from 1230 to 1400. Enquiries and advice will also be available at Registration. **You must go to Registration to sign in and collect your waterproof map before going to Pre-Start.**

There will be a rolling start, at your convenience from 1300 to 1400. We may open the start a little earlier if we are ready. (This is to help spread the impact on the start / finish officials - It is likely to be busy, please be patient). If you are opting for the 60min course please do not start before 1300. If you are opting for the 120min course please try to start before 1330 (so you get back before the food runs out!)

- On arrival go to registration to have your name checked off on the start / safety list and to get your waterproof map. For those entering on the day pay for your entry online via SiEntries or by CASH only. There will be no card machine!
- You can then proceed to the Pre-Start (black gazebo) in the garden of the pub. Please don't press "Go to Start" on your MapRun device until you are advised to do so at the pre-start. When your GPS has settled and you have got a "green" GPS fix you will be able to proceed to the start.
- **If you do not get a 'beep' at the start, return to the pre-start and we will try to fix any problem. DO NOT continue unless you have got the start 'beep'.**
- The finish will also be outside in the garden of the pub (near black gazebo). You must get a 'beep' at the finish to complete your run correctly. **You MUST report your name to the finish official so we know you have returned safely and can tick you back-in on the safety list.** Please do not go near the finish until you are actually ready to finish - if you go within about 25m of the finish mid-run there is a risk your device will record the finish before you wanted it to!

Food & Drink

The Greyhound Inn have kindly laid on a sensibly priced SpunchSpecial Meat or Veggie Chilli. There is also Tea and Coffee available with all donations to Buxton Mountain Rescue.

And, of course, a full range of drinks from the bar. You can also order food from the normal bar menu.

Safety & Reputation

Roads / traffic – The course has been planned to avoid any sections of road where traffic levels or speed present a more significant risk - such sections of road have been marked on the map and/or marked as out of bounds. Nevertheless some of your course may be on roads with varying traffic levels. These roads may not have a pedestrian pavement. Please take great care at all times when using or crossing any roads and be ready to move off the road if needed. Be especially careful in the surroundings of the event centre where the start and finish are, and where there will be others both in vehicles and on foot. **DO NOT TAKE RISKS AROUND TRAFFIC.**

Other visitors & locals – Please give way to horse riders, off road motorcyclists, cyclists, other runners and walkers and their dogs - all popular in this area. If you meet other competitors, members of the public or land owners (particularly around farm buildings and locals' homes) please behave with courtesy.

Livestock - there is livestock in some of the fields including cows, sheep and horses. In all cases be prepared to pass wide and slow around livestock. No aggressive animals were encountered during course checking.

Dogs - If you must take your dog (not permitted by FRA) then you are doing so entirely at your own risk. Please keep it on a lead and under control at all times. It is the lambing season.

Trail Conditions - Some of the paths can be slippery/muddy especially when wet and there are some steep slopes. We recommend trail shoes with good grips; metal studded shoes are not necessary. You are likely to encounter mud! However, you will be unlucky to encounter any undergrowth (unless you go off piste in the open access area). The paths on higher moorland ground are generally better drained than the paths in the fields. The event can be run in shorts without problem (subject to weather).

Weather – the current forecast is for a chilly but dry afternoon with a slight risk of showers with temperatures around 9degreesC (feels like 5degreesC). **Conditions can change quickly, and some of the area is on higher ground, so please plan to dress accordingly and carrying a warmer layer and / or a waterproof and windproof top is strongly recommended.**

Stick to the rights of way & legal crossing points - Please do not go off the permitted paths, tracks and lanes and under no circumstances should you trespass or cross fences or walls other than at crossing points. Take great care at the stiles some of which are in a poor state of repair and can be a little rickety. Always observe the [Countryside Code](#)

Under 18s must be accompanied by a parent/guardian

Please carry a mobile phone for safety - The emergency phone numbers are Ian Ankers on 07923 941706 or the Greyhound Inn on 01298 84782. Please put these into your phone. They can be used if you are lost / injured / need to be recovered or to report any other situations requiring urgent attention

You must report to the finish at the end of your run so that we know you are back

MapRun Live Tracking

MapRun Live Tracking provides the MapRun administrator a real time view of where the runners are located during the event. Periodically during your run (eg. every 60 seconds) the MapRun App sends your location to the MapRun system. The size of the data transmitted is trivial, and there is an insignificant impact on the phone's battery. The runners' location appears on the administrator's console, and for data protection reasons, nowhere else.

Is every runner to be tracked? No. Live tracking is dependent on phone data signal and so doesn't work with Garmin, and anyone can use "Options and Settings" on their smartphone App to turn Live tracking on or off.

Why do we use live tracking? Because it is an additional safety feature. In the event that a participant fails to return to the finish, this feature might just help us come and find you!

SpunchPix Photo Comp - Win free entry to a future event

We like to see pics of smiley people with maps in the great outdoors!

Any pics WhatsApp'd (07751932749) or emailed (1andythornton@gmail.com) to Andy within 48hours of the event will be considered for the SpunchPic of the day photo comp. The SpunchPic of the day photo taker will receive a free entry to a future Spunch event of their choice. Get snapping!

Acknowledgements

Big shout outs to:

- The team at the Greyhound Inn hosting us at the pub - especially Lee
- Austin at the Staffs Moorlands Walking Festival - for including us in their programme of events
- The residents and landowners in the local area for "hosting us"
- Ian Ankers for his many hours spent planning & checking the courses
- All the other helpers involved in making these events possible (you know who you are)

That's all - see you tomorrow / Saturday!

Andy Thornton Series Co-ordinator

Ian Ankers Course Setter & On-the-day Organiser

ps. Next Spunch events:

Tuesday 30/4 Urban SpunchMCR - Sandbar, Brunswick

Saturday 11/5 Northwich Woodlands - Marbury Country Park

Tuesday 14/5 Urban SpunchMCR - Track Brewery, Beswick

Entries available now on SiEntries

Tuesdays in May/June/July: Billinge Hill, Little Hayfield, Alderley Park, Mottram St Andrew, Hollinsclough....